

SPIRITUAL COMBAT -- *Episode Eight: Victory Belongs to the Lord*



Team Member Name: _____ Date: _____

Game Strategy – Can we ever hope to win a spiritual battle much less the war?

Yes we can! The devil is powerful, but Satan can't hold a candle to God's grace!

Be ready to take the field for this workout by completing the **Pregame Film Study**. Your contributions to the Huddle Discussion in our workout are vital to our team success. Remember we win and lose as a team!

Pregame Film Study

1. View or listen to the episode referenced above.
2. Go deep with the Scripture References, Coaching Tips and Catechism Connection on page 2.
3. Reflect upon the **Huddle Up** questions below and jot down your thoughts.

Huddle Up – Use these questions for personal reflection to share with your team at the workout.

Warm-up Questions:

1. What particular point(s) caught your attention the most in this episode?
2. What is something useful that you learned from viewing this episode that you can apply in your own life?

Workout Questions:

1. Read John 16:33. Jesus tells us, "In the world we will have tribulations; but be of good cheer, I have overcome the world." What does this hopeful message mean to you? Read 2 Kings 6:14-17. How do these verses give you confidence and courage?
2. Society is heading in a direction that doesn't seem to reflect the notion that the victory belongs to the Lord. Do you agree or disagree with this statement and why?
3. This world seems to be falling apart morally, ethically, politically and spiritually. What can you do personally to strengthen yourself in these four areas? How can you mentor others, such as your family members, to strengthen themselves in these areas?
4. If victory belongs to the Lord, then we must become disciples of the Lord. Do you have a personal relationship with Jesus Christ? Explain. How do you follow the teachings of Jesus and His Holy Catholic Church?
5. Like Christ, we must experience crosses in our lives in order to attain the ultimate victory of the Resurrections. Cite an example of a time in your life where you were able to overcome a trial or tribulation through the grace of God.
6. When you experience success and victories, how do you show the Lord your appreciation?
7. Review all your lessons on Spiritual Combat. What is the greatest thing you have learned in all these lessons? How do you plan to implement what you have learned?

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Team Workout Plan - Watch the Kickoff, Game Plan and Red Zone video segments as a team. Break into huddles for discussion of the questions.

Postgame Recap - Watch the End Zone video segment as a team. Take note of the tips from the CTG team:

1. 2 Corinthians 4:16
2. God’s love is infinite. Responding to it is our greatest joy.
3. Victory is Eternal Life.

Complete your **Personal Action Item**. 

Scripture References

John 16:33

1 John 5:5

1 John 5:11-12

2 Corinthians 4:16-17

Romans 8:35-39

2 Kings 6:14-17

Coaching Tips

Let nothing trouble you,
Let nothing frighten you.
Everything passes,
God never changes.
Patience obtains all,
Whoever has God wants for nothing.
God alone is enough.

“Here I was taught by the grace of God that I should steadfastly keep me in the faith...and that at the same time I should take my stand on and earnestly believe in what our Lord shewed in this time – that ‘all manner (of) thing shall be well.’” - *Dame Julian of Norwich*

Virtue is nothing without the trial of temptation, for there is no conflict without an enemy, no victory without strife. - *Saint Leo the Great*

Catechism Connection

313 “We know that in everything God works for good for those who love him.” The constant witness of the saints confirms this truth: St. Catherine of Siena said to “those who are scandalized and rebel against what happens to them”: “Everything comes from love, all is ordained for the salvation of man, God does nothing without this goal in mind.” St. Thomas More, shortly before his martyrdom, consoled his daughter: “Nothing can come but that that God wills. And I make me very sure that whatsoever that be, seem it never so bad in sight, it shall indeed be the best.”

314 We firmly believe that God is master of the world and of its history. But the ways of his providence are often unknown to us. Only at the end, when our partial knowledge ceases, when we see God “face to face,” will we fully know the ways by which—even through the dramas of evil and sin—God has guided his creation to that definitive Sabbath rest for which he created heaven and earth.

See Also: **222-227**.

Personal Action Item

Develop a plan of action based upon our prayer and discussion related to the topic. How does the Lord want this topic applied in your life? Keep it simple – one or two action items.

I commit to becoming spiritually fit by...