

BECOMING DISCIPLES – *Episode 3: Called to Communion*



Team Member Name: _____ Date: _____

Game Strategy – Gentlemen, the road to discipleship is not meant to be walked alone. Jesus sent his disciples out two by two.

Be ready to take the field for this workout by completing the **Pregame Film Study**. Your contributions to the Huddle Discussion in our workout are vital to our team success. Remember we win and lose as a team!

Pregame Film Study

1. View or listen to the episode referenced above.
2. Go deep with the Scripture References, Coaching Tips and Catechism Connection on page 2.
3. Reflect upon the **Huddle Up** questions below and jot down your thoughts.

Huddle Up – Use these questions for personal reflection to share with your team at the workout.

Warm-up Questions:

1. What particular point(s) caught your attention the most in this episode?
2. What is something useful that you learned from viewing this episode that you can apply in your own life?

Workout Questions:

1. When we persevere in our walk with the Lord and follow his ways, we become a changed man – a new man. When you look in the mirror in the morning are you pleased with the man that you see? Why? Why not? How can you improve?
2. When others look at you and observe you, what kind of man do you think that they think you are? Why?
3. What do you think it means to be in “communion” with other Christian brothers? What do you think are some of the benefits?
4. God calls you and me to be holy men of God. How do you think we can accomplish this call to holiness? What are some of the ways that the Catholic Church can be beneficial to us in this walk?
5. Called to communion also means living in His visible church. What are some of the ways you and I can defend and support our Catholic Church? Pope? Bishop? Priests?
6. How can you live your faith life more fervently?

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Team Workout Plan - Watch the Kickoff, Game Plan and Red Zone video segments as a team. Break into huddles for discussion of the questions.

Postgame Recap - Watch the End Zone video segment as a team. Take note of the tips from the CTG team:

1. Go to Church ready to pray and love!
2. Be like Jesus, get involved!
3. Ask God to change your ways!

Complete your **Personal Action Item**. 

Scripture References

Romans 5:16-20

Romans 8:1-5

Coaching Tips

We were made for relationship, a deep intimate personal relationship with God and to be in relationships with each other. God is relationship in Himself, the Holy Trinity, three distinct persons in one God, Father, Son and Holy Spirit in loving communion inviting us to join in that communion.

Jesus prayed that we would all be one (unified). The Holy Spirit wants us to gather with others who love Jesus. He is our brother. His Father is our Father. His Mother is our mother.

We are going to be in eternity together as brothers and sisters!

Catechism Connection

788 When his visible presence was taken from them, Jesus did not leave his disciples orphans. He promised to remain with them until the end of time; he sent them his Spirit. As a result communion with Jesus has become, in a way, more intense: "By communicating his Spirit, Christ mystically constitutes as his body those brothers of his who are called together from every nation."

1346 The liturgy of the Eucharist unfolds according to a fundamental structure which has been preserved throughout the centuries down to our own day. It displays two great parts that form a fundamental unity:
- the gathering, the liturgy of the Word, with readings, homily and general intercessions;
- the liturgy of the Eucharist, with the presentation of the bread and wine, the consecratory thanksgiving, and communion.

The liturgy of the Word and liturgy of the Eucharist together form "one single act of worship"; the Eucharistic table set for us is the table both of the Word of God and of the Body of the Lord.

1816 The disciple of Christ must not only keep the faith and live on it, but also profess it, confidently bear witness to it, and spread it: "All however must be prepared to confess Christ before men and to follow him along the way of the Cross, amidst the persecutions which the Church never lacks." Service of and witness to the faith are necessary for salvation: "So everyone who acknowledges me before men, I also will acknowledge before my Father who is in heaven; but whoever denies me before men, I also will deny before my Father who is in heaven."

Personal Action Item

Develop a plan of action based upon our prayer and discussion related to the topic. How does the Lord want this topic applied in your life? Keep it simple – one or two action items.

I commit to becoming spiritually fit by...